GOD, OUR HELP: A Responsive Reading From Psalm 90. Psalm 121 and Isaiah 40

- 1 Lord, you have been our dwelling place throughout all generations.
- 2 Before the mountains were born or you brought forth the earth and the world, from everlasting to everlasting you are God.
- 1 I lift my eyes to the hills where does my help come from?
- 2 My help comes from the Lord, the Maker of heaven and earth.
- 1 I lift my eyes and look to the heavens: Who created all these?
- 2 He who brings out the starry host one by one, and calls them each by name. Because of his great power and his mighty strength, not one of them is missing.
- 1 Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth.
- 2 He will not grow tired or weary, and his understanding no one can fathom.
- 1 He gives strength to the weary and increases the power of the weak.
- 2 Even youths grow tired and weary, and young men stumble and fall;
- 1 But those who wait on the Lord will renew their strength,
- 2 They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

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